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## What does 10 cm of Cervical Dilation look like?

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**Blueberry**

1 cm



**Cherry**

2 cm



**Lime slice**

4 cm



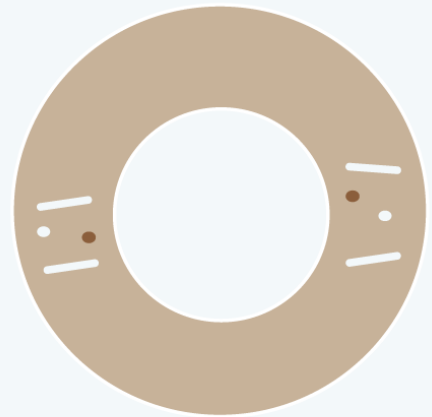
**Chocolate  
chip cookie**

6 cm



**Orange slice**

8 cm



**Bagel**

10 cm